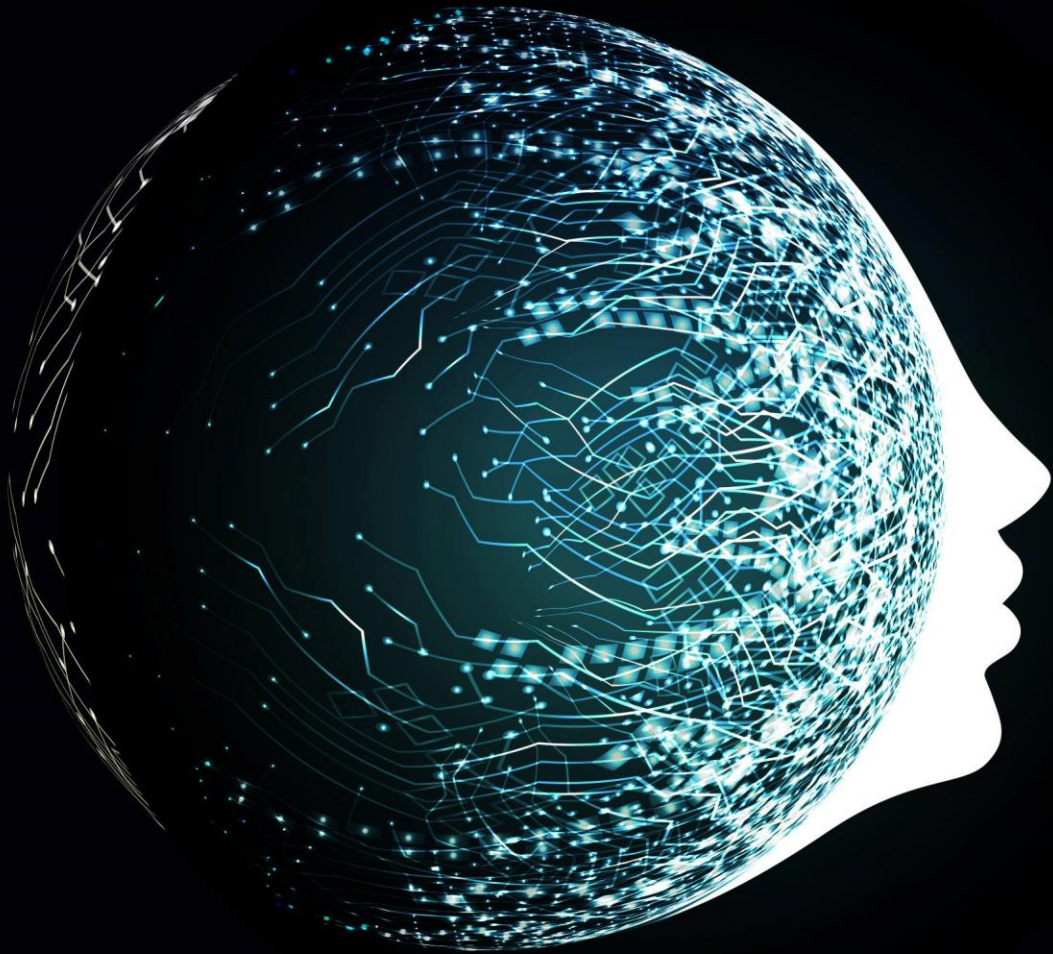


8 MINDSETS THAT LEAD TO CONSISTENT VICTORY



# REPROGRAM —YOUR MIND— FOR SUCCESS

# Limited Special Offer

## Reprogram Your Mind For Success Video Course



**Click Here to Download the Video Course!\_**

**(Insert your Upsell Offer URL)**

**Click Here to Access The "Modern Social Media Marketing" Video Course! (Insert URL)**

# **Reprogram Your Mind For Success - Resources Report**

## **8 Mindsets That Lead to Consistent Victory**

### **Mindset and personal effectiveness academic research resource list**

Impact of positive attitude on overall personal effectiveness

<https://blog.worldcampus.psu.edu/2015/03/mindset-matters-the-power-of-positive-thinking/>

Planning for better results and a positive mindset

<https://ferris.edu/HTMLS/colleges/university/eccc/tools/positive-mindset.htm>

### **The power of belief in positive psychology**

Contrast between positive psychology and traditional pathology-based psychology

[https://www.health.harvard.edu/mind-and-mood/positive\\_psychology\\_in\\_practice](https://www.health.harvard.edu/mind-and-mood/positive_psychology_in_practice)

Social cognitive theory of psychology

<https://www.uky.edu/~eushe2/Bandura/Bandura1999HP.pdf>

### **Overcoming failure**

General connection between fear of failure and individual psychology

<https://www.sacap.edu.za/blog/counselling/the-psychology-of-failure/>

**Click Here to Access The “Modern Social Media Marketing” Video Course! (Insert URL)**

Helping kids overcome failure

[https://greatergood.berkeley.edu/article/item/how\\_to\\_help\\_kids\\_overcome\\_fear\\_of\\_failure](https://greatergood.berkeley.edu/article/item/how_to_help_kids_overcome_fear_of_failure)

## **The motivational benefits of goal setting**

Goals can motivate you

<https://canvas.upenn.edu/courses/1241122/files/47380667/>

## **Self-efficacy and taking control over your life**

<https://www.uky.edu/~eushe2/Bandura/BanEncy.html>

## **Grit and overcoming setbacks**

What is grit? Do you have it?

<https://www.psychologytoday.com/us/blog/the-healing-crowd/201401/grit-what-is-it-and-do-you-have-it>

Grit and self-control

<https://www.authentic happiness.sas.upenn.edu/learn/grit>

**Click Here to Access The “Modern Social Media Marketing” Video Course! (Insert URL)**