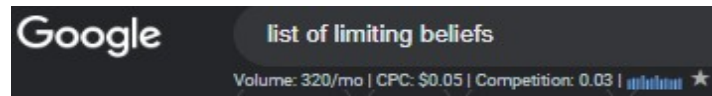


KEYWORD REPORT

Average Monthly Searches

Keyword	Volume	CPC	PPC	Score	Vol2	Score2	"AllInTitle"	"AllInURL"	Vol3	Score3	Results
list of limiting beliefs	390	3.01	0	40	320	0.03	66	31	320	55	37.4M
limiting beliefs list	390	0.12	0	40	320	0.03	97	79	320		40.5M
breaking free from body shame	320	0.38	0.97	26	260	1	1510	7130	260	54	71.1M
breaking free from emotional eating	320	0.56	0.44	40							
limiting belief examples	140	0.76	0.03	40							
breaking free sheet music	110	1.2	0.05	23							
limiting beliefs about money	110	0	0	43							
limiting beliefs money	110	2.14	0.05	44							
how to identify limiting beliefs	50	0	0	36							
let go of limiting beliefs	50	0	0	45							
letting go of limiting beliefs	40	0	0.02	38							
most common limiting beliefs	30	0	0	39							
removing limiting beliefs	30	0	0.03	44							
eliminating limiting beliefs	30	0	0.14	44							
how to overcome self limiting beliefs	30	0	0.04	45							
self limiting beliefs books	20	0.31	1	39							
limiting money beliefs	20	0.68	0	39							
limiting beliefs about weight loss	10	0	0	11							
limiting beliefs nlp	10	0	0	14							
nlp limiting beliefs	10	0	0.15	16							
limiting beliefs about self worth	10	0	0.07	30							
list of limiting beliefs about relationships	10	0	0.06	34							
identify your limiting beliefs	10	0	0	41							
what are my limiting beliefs	10	1.93	0.02	45							
self limiting beliefs psychology	10	0	0.03	45							

Here are 25 very good keywords for your site. All results are based on actual search terms related to your niche. If a term you like or think is good and does NOT appear here, it's because of low-monthly-search-volume or high-competition-levels. Multiple selection criteria with **NEW CROSS VERIFICATION OF TOP RESULTS** have been used to find them. All have extremely low competition levels and, with proper on-page and off-page SEO, you can rank for any of them.



My first choice for you as a primary keyword for your page – if content applicable - would be **"list of limiting beliefs"** because of relevance, volume, low niche competition (note "allintitle" and "allinurl" numbers) across all metrics. A number 1 ranking page for this keyword could get **135 hits/mo.** (42% of total searches).

Since you are a local business, it can also help your Google Business Profile (Map Listing) to rank.

Plus all work done by you to rank for this keyword will help your ranking of contained, larger volume kw's like "travel agency".

I would also create more (or use existing) sub-pages with titles equivalent to other keywords on the list you like and SEO each one for each keyword. Done properly – with more top-ranked pages - can increase your total hits per month.