**Top 5 Apps to Help You Unlock Your Full Potential**

In today’s world, it’s a safe bet that everyone has a phone. We carry around a world of knowledge in our pocket.

The sad thing is, most of us just use these amazing devices for things like games, streaming music, and online shopping. But there are so many incredible things that phones allow us to do.

You can use technology to better yourself, instead of scrolling mindlessly on apps like Instagram.

By just using a few different apps, you can unlock your true potential. There is so much help available to us right now, and this is the first step in tapping into it.

Downloading an app on your phone is one of the easiest things to do. Plus, all of the apps on this list are free! These are the top 5 apps to unlock your full potential.

1. Your Calendar App

Your calendar app is the first step in unlocking your full potential. You might not even realize how much your calendar app can do.

Your calendar app can be used for so much more than writing down birthdays. Did you know that the calendar app on your phone can sync up with other peoples’ calendars? You can set up meetings with your calendar app, and automatically sync them with the rest of the office.

You can make different calendars for different parts of your life, and get specific reminders for different types of events.

You can even attach notes, documents, or any other file you need to an event. Taking advantage of your calendar app is the first step to unlocking your full potential.

1. Loop Habit Tracker

Loop is an incredible app that helps you keep track of your habits.

You can log your daily habits, and Loop makes a special plan for you to help develop good habits. It can also help you kick habits you want to get rid of.

Loop uses a special formula to calculate the strength of your habits. With built in reminders, timers, and habit streaks, the Loop app is a must have for unlocking your full potential.

1. Habitica

Habitica is perfect for anyone who still wants to be a magical video game character. The Habitica app is designed like an RPG. It guides you on mystical adventures that are progressed by accomplishing daily tasks.

You can make different lists of things you want to do on a daily basis, habits you want to build, or long term projects. By doing the dishes, you can fight an evil monster. What’s not to love?

1. Clockify

Clockify is a simple time tracking application. You can get it as a browser extension on your laptop, or you can download the app through the app store on your device.

Some of the great features of Clockify are the Timesheet, Reports, and Project Timelines. You can keep track of the time you need for any kind of activity with Clockify. You will get reports on how you spent your time, so you can plan for the future.

1. GoalsOnTrack

GoalsOnTrack is a powerful app for your goals. With GoalsOnTrack, you can set your own goals on your own terms.

After you enter a goal, the app breaks that goal down into easy steps that you can easily achieve.

There are some fun perks that make reaching a goal more fun. You can upload photos for motivation, and even add your friends on the app to cheer you on!

In conclusion, you don’t have to make drastic changes to unlock your potential. Use these apps and you will be well on your way to unlocking your full potential.